

Frequently Asked Questions and Answers

What do I pay when I join?

You pay the initial joining fee and a pro rata subscription of the first month

Do I pay a joining fee next year?

No. The joining fee is a one off payment

Can I pay a year in advance?

Yes. Paying up front works out cheaper than paying by Direct Debit

Can I bring a Guest to the Health Club?

Yes you can. The rates are as follows: Adult Peak - £10.00, Adult Off Peak - £8.00, Child 3-8 yrs - £5.50, Child 9-15yrs - £6.00

Do members receive any discount on Spa treatments or within the Hotel?

Yes, you will receive 10% off all Spa treatments. You will also receive 10% off all Hotel food, beverages and reservations

Do I have pay extra for Fitness Assessments and Programmes?

No. All Fitness Assessments and Programmes are included in your membership subscription

Can I take part in Peak time classes when I am an Off Peak member?

Yes. If you are an Off Peak you can use classes in Peak times