



pamper | unwind | refresh | indulge | de-stress

The atmosphere is welcoming, the interiors and facilities outstanding, our staff highly trained and really motivated. You'll feel right at home, and in good hands, the rest is up to you.

The points below should give an idea of the breadth of facilities activities we offer, but it's not the same as seeing for yourself. Contact us anyhow, anytime and we'll be happy to give you a personal tour

Club Facilities

- 17m swimming pool
- Spa pool
- Steam room
- Sauna
- Fitness suite
- Beauty spa
- FREE parking

Beauty Spa

- Elemis
- St Tropez
- Jessica nails
- Reflexology
- Holistic treatments:
pedicures, manicures, facials
and massage
- Spa Day packages

Fitness Suite

- Personalised programmes
- Fitness assessments
- Personal training
- Music and visual entertainment
- Technogym equipment
- Fully air conditioned

Poolside Amenities

- Aqua Aerobics
- Poolside relaxation
- Chilled water station
- Warm Showers

Regency Park Health Club and Spa

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